



It's almost race day!

It's time to "Get Your Rear in Gear" at the 6<sup>th</sup> Annual 5k walk/run for colon cancer awareness.

This year's event will be on 9-17, at Discovery Park on Cedar Street, start time is 8:30.

We appreciate your generous support, and are very grateful for the past support. Due to your support of this cause in memory of Ellen, we have been able to donate \$62,500 to Unity Point- Trinity Muscatine over the past 5 years. We hope you will continue to support this cause in Ellen's memory.

A little background behind the event: This event started as a way to "pay it forward" and to repay the community for all of the support we as a family were given during Ellen's illness. Muscatine is truly a wonderful community to live and work in.

Ellen Fessler taught Elem PE in the MSD for 22 years, passing away in 2009 at the age of 50. She lived by the motto, "Nothing you do for children is ever wasted", I ask for your support of this event for 2 reasons.

1. To help others avoid dealing with colon cancer like Ellen did. Did you know that there is a 90% survival rate if colon cancer is detected early enough? Proceeds from the event are donated to Unity Point- Trinity Muscatine to be used for colon cancer screenings for under-insured or un-insured patients. Have you been screened?
2. As part of Ellen's legacy, the race is one way to keep her memory alive in the community. She was very proud to be a member of the MSD Staff.

Thank you for considering participating in this year's event.

We look forward to seeing you on Sat. Sept. 17<sup>th</sup> @ Discovery Park.

Please contact me with any questions @ 563-260-5267 or [bfess44@gmail.com](mailto:bfess44@gmail.com)

Bryan