



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TRAINED TO SAVE

## LIFEGUARD CERTIFICATION COURSE

This is a BLENDED learning course. Participants must be able to complete online lessons prior to in-person course sessions. Successful completion of this eLearning content alone will not result in certification. This eLearning content must be taken in conjunction with in-person training and evaluation led by an American Red Cross Lifeguarding Instructor. To earn certification, participants must:

- Meet the age requirement – 15 years old on or before the final scheduled in-person session of the course.
- Pass the pre-course swimming skills evaluation.
- Attend and actively participate in ALL class sessions.
- Demonstrate competency in all required skills.
- Complete all eLearning modules and reading assignments as assigned by the instructor.
- Pass both final exams with a minimum grade of 80%.
- Pass both final skill scenarios

### Pre-Course Session:

Date: Monday, October 1st

Time: 6-7 pm

Fee: \$30

**Course: Attendance at all class sessions is MANDATORY.**

Dates:

Friday, October 5th 5:30-9 pm

Saturday, October 6th: 8 am-5 pm

Sunday, October 7th: 10 am-5 pm

Fee: \$135 (due upon successful completion of Pre-Course Session)

Certification is valid for 2 years and includes Lifeguarding, First Aid, and CPR/AED for the Professional Rescuer.

Muscatine Community YMCA  
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LIFEGUARD

10 + 10  
IS HOW WE DO IT!