



MUSCATINE SCHOOLS (K - 8)

BREAKFAST & LUNCH*



MAY 2018

*Menu subject to change

30	MAY - 1	2	3	4
Assorted Cereals w/ Toast or WG Long John Hot Dog or Sliced Ham & Cheese  <u>Eat your colors!</u> Baked Beans Applesauce	Assorted Cereals w/ Toast or Breakfast Wrap Taco Soup w/ Dinner Roll or Sliced Ham & Cheese <u>Eat your colors!</u> Corn Mandarin Oranges	Assorted Cereals w/ Toast or Breakfast Pizza Pancakes w/ Sausage or Sliced Ham & Cheese <u>Eat your colors!</u> Potato Wedges Pears Assorted 100% Juice	Assorted Cereals w/ Toast or Homemade Muffin  Spaghetti w/ Buttered Bread or Sliced Ham & Cheese <u>Eat your colors!</u> Mixed Salad Greens Diced Peaches	Assorted Cereals w/ Toast or Toast w/ Assorted Toppings Cheese Nachos or (Melted Cheese & WG Chips) Sliced Ham & Cheese Chocolate Chip Cookie <u>Eat your colors!</u> Black Bean Corn Salsa Assorted Fruit
7	8	9	10	11
Assorted Cereals w/ Toast or WG Long John Shrimp Poppers or Pork Tender <u>Eat your colors!</u> French Fries Sliced Peaches	Assorted Cereals w/ Toast or Egg McMuskie Taco Meat, Cheese & Tortilla Chips or Pork Tender <u>Eat your colors!</u> Mixed Salad Greens Refried Beans Banana	Assorted Cereals w/ Toast or Breakfast Pizza Chicken Filet or Pork Tender  <u>Eat your colors!</u> Cheesy Potatoes Red Grapes	Assorted Cereals w/ Toast or French Toast Macaroni & Cheese w/ Bread Sticks or Pork Tender <u>Eat your colors!</u> Celery w/ Peanut Butter** Strawberries	Assorted Cereals w/ Toast or Toast w/ Assorted Toppings Cheese Pizza or PBJ Choices Oatmeal Cherry Cookie <u>Eat your colors!</u> Assorted Vegetables Assorted Fruit Assorted 100% Juice
14	15	16	17	18
Assorted Cereals w/ Toast or WG Long John Corn Dog or Cheeseburger <u>Eat your colors!</u> Baked Beans Applesauce 	Assorted Cereals w/ Toast or Breakfast Wrap Chicken Noodles w/ Dinner Roll or Cheeseburger <u>Eat your colors!</u> Corn Peaches & Pears	Assorted Cereals w/ Toast or Breakfast Pizza Mandarin Orange Chicken w/ Brown Rice or Cheeseburger <u>Eat your colors!</u> Steamed Carrots Mandarins & Pineapple	Assorted Cereals w/ Toast or Maple Burst'n Mini Pancakes Crispos or Cheeseburger  <u>Eat your colors!</u> Mixed Green Salad Banana	Assorted Cereals w/ Toast or Toast w/ Assorted Toppings Pepperoni Pizza or Cheeseburger Cookie Cup <u>Eat your colors!</u> Assorted Vegetables Sun-Maid Boxed Raisins Assorted 100% Juice
21	22	23	24	25
Assorted Cereals w/ Toast or Cook's Choice* Mozzarella Pizza Sticks w/ Marinara Sauce or Cook's Choice* <u>Eat your colors!</u> Green Beans Ocean Spray Craisins	Assorted Cereals w/ Toast or Cook's Choice* Chicken Softshell or Cook's Choice*  <u>Eat your colors!</u> Mixed Green Salad Peppers & Onions Fresh Orange Wedges	Assorted Cereals w/ Toast or Cook's Choice* French Toast w/ Sausage or Cook's Choice* <u>Eat your colors!</u> Taters Applesauce	Assorted Cereals w/ Toast or Cook's Choice* Beef Walking Taco or Cook's Choice*  <u>Eat your colors!</u> Mixed Green Salad Refried Beans Peach Cup	Assorted Cereals w/ Toast or Cook's Choice* Cheese Pizza or Cook's Choice* Cookie <u>Eat your colors!</u> Assorted Vegetables Assorted Fresh Fruit Assorted 100% Juice *Sunbutter for Allergen Schools
28	29	30 - 2 hr	Summer Meal Info.	
	Assorted Cereals w/ Toast or Toast w/ Assorted Toppings Chicken Nuggets w/ Buttered Bread or Cook's Choice* Cheesy Potatoes Assorted Fresh Fruit	Assorted Cereals w/ Toast or Cook's Choice* PBJ** Sandwich Carnival Cookie Carroteenies Assorted Applesauce Cups Assorted 100% Juice	Franklin Elementary >>> Jefferson Elementary >>> Madison Elementary >>> McKinley Elementary >>> Musser Public Library >>> Salvation Army >>> Sunset Park Apts >>> 	Breakfast & Lunch Breakfast & Lunch Breakfast & Lunch Breakfast & Lunch Reading & Snacks Breakfast & Lunch Lunch 
	*Please check with your school kitchen		**Sunbutter for Allergen Schools	

BREAKFAST - Offered daily: Assorted Fresh Fruit & 100% Juice **LUNCH** - Offered daily: Fresh Baby Carrots & Fresh Fruit, 1% White & Chocolate Skim Milk

EXTRA/SNACK MILK: extras, with a sack lunch from home and/or kindergarten or class snack milk are .55 for each carton for everyone

*ALERT: when peanut butter is served, ff ranch or sunbutter will be offered at Elementary Allergen schools

Please contact Alisha Eggers at 263-7223 or alisha.eggers@mcsdonline.org with comments or concerns

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