



*menu subject to change



Breakfast - at 7:45 am & Lunch at all sites at 11:30

Franklin, Jefferson, Madison, McKinley, Salvation Army & Sunset Apts

MONDAY

2

TUESDAY

3

WEDNESDAY



4



THURSDAY



5





FRIDAY

6

Assorted Cereals French Toast w/ Sausage Eat your colors! Sweet Potatoes Fresh Pears Fresh Nectarines 1 % Milk	Assorted Cereals Muskie Burger Eat your colors! Potato Wedges Fresh Peaches Fresh Peaches 1 % Milk	 HAPPY 4th of JULY!	Assorted Cereals Hot Dog Eat your colors! Baked Beans Applesauce Carrot Coins w/ Ranch 100 % Berry Juice	Assorted Cereals  Little Caesars Pizza Eat your colors! Fresh Broccoli Mixed Fruit Assorted Snacks FF Chocolate Milk
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<p>9</p> Assorted Cereals <u>Breaded</u> Mozzarella Cheese Sticks w/ Marinara Sauce Eat your colors! Baby Carrots Red Grapes Cereal 1 % Milk	<p>10</p> Assorted Cereals Cheese Nachos <i>(w/ meal - free samples of Black Bean Corn Salsa)</i> Eat your colors! Refried Beans Fresh Pears Graham Crackers 100 % Berry Juice	<p>11</p> Assorted Cereals Chicken Nuggets Eat your colors! Cheesy Potatoes Banana Banana 1% Milk	 <p>12</p> Assorted Cereals Spaghetti w/ Meat Sauce Eat your colors! Green Beans Assorted Fresh Apples Fresh Pears Cheese Stick	<p>13</p> Assorted Cereals  Little Caesars Pizza Eat your colors! Corn Assorted Fruit Assorted Snacks FF Chocolate Milk
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<p>16</p> Assorted Cereals Pancakes w/ Sausage Eat your colors! Tater Tots Sliced Peaches Assorted Applesauce Cups 1 % Milk	 <p>17</p> Assorted Cereals Cook's Choice Eat your colors! Peas Watermelon Wedge Red Grapes Cheese Stick	<p>18</p> Assorted Cereals Chicken Filet Sandwich Eat your colors! Fresh Cauliflower & Broccoli Mandarin Oranges Carrots w/ Ranch 100 % Berry Juice	 <p>19</p> Assorted Cereals Macaroni & Cheese Eat your colors! Celery w/ PB Chilled Cinnamon Apples Raisins 1 % Milk	<p>20</p> Assorted Cereals Corn Dog Eat your colors! Green Beans Assorted Fruit Assorted Snacks FF Chocolate Milk
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<p>23</p> Assorted Cereals Mozzarella Pizza Sticks w/ Marinara Sauce Eat your colors! Baby Carrots Mixed Fruit Cereal 1 % Milk	 <p>24</p> Assorted Cereals Burrito w/ Cheese Sauce Eat your colors! Refried Beans Fresh Pear Goldfish Crackers 100 % Berry Juice	 <p>25</p> Assorted Cereals Popcorn Chicken Eat your colors! Cheesy Mashed Potatoes Applesauce Fresh Pears Cheese Stick	<p>26</p> Assorted Cereals Philly Cheese Steak  Eat your colors! Grilled Peppers & Onions Fresh Oranges Peach Cup 1 % Milk	<p>27</p> Assorted Cereals  Little Caesars Pizza Eat your colors! Corn Assorted Fruit Assorted Snacks FF Chocolate Milk
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<p>30</p> Assorted Cereals French Toast w/ Sausage Eat your colors! Sweet Potatoes Pear 1/2's Assorted Applesauce Cups 1 % Milk	 <p>31</p> Assorted Cereals Chicken & Penne Noodles Eat your colors! Peas Fresh Orange Graham Crackers 100 % Berry Juice	<p>AUG - 1</p> Assorted Cereals Hot Dog Eat your colors! Baked Beans Fresh Oranges Fresh Oranges Cheese stick	 <p>2</p> Assorted Cereals Cook's Choice Eat your colors! Assorted Fresh Apples 1 % Milk	<p>3</p> Assorted Cereals Grape or Strawberry PBJ Eat your colors! Baby Carrots Assorted Fruit Assorted Snacks FF Chocolate Milk
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Baby Carrots Offered Daily at Lunch!



Assorted Fresh Fruit & 100% Juice Offered Daily at Breakfast & Lunch!



Keep on Reading!!!

Please contact Nicole Sorgenfrey at 263-5963 or nichole@unitedwaymuscatine.org

"USDA IS AN EQUAL OPPORTUNITY PROVIDER."

ALL KIDS ~ AGES 1 - 18 ↓



free!

Adults ~ Join us for Lunch!
\$2.00, exact change, please