



2019 Muscatine Summer Wrestling Camp



This Muscatine summer wrestling camp will feature guest clinicians showing a mix of basic fundamentals and high-level techniques. The camp will include fun activities, relays and team games, wrestling drills, wrestling technique sessions, and live wrestling. Wrestlers going into grades 2 through 8 are welcome to attend. Beginners and advanced wrestlers will benefit from this camp. Muscatine wrestling coaches and current Muscatine wrestlers will be in attendance!

Dates: August 1 & 2 (Thursday & Friday)

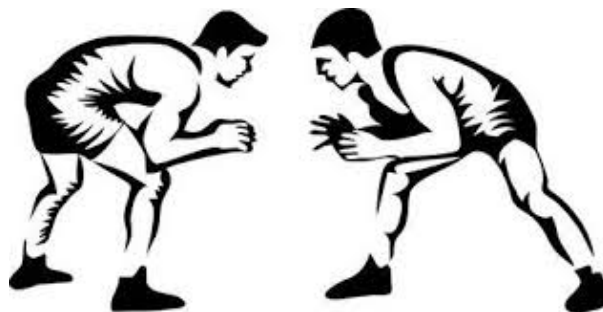
Location: Muscatine HS wrestling room

Schedule (both days):

8:00 AM -10:00 AM- Wrestle!

10:00 AM-10:30 AM- Break

10:30 AM-12:00 PM- Wrestle!



Who: All abilities welcome!

What to bring: Bring wrestling shoes & wear workout clothes and running shoes

Grades: 2nd-8th ('19-20 school year)

T-shirt: Included with registration cost!

Cost: \$50 before July 15. Or \$65 after July 15

Multiple sibling discount: \$40/each before July 15. Or \$55/each after July 15

Registration: Mail in registration or at the door 7:30-8:00 AM on Aug 1

Guest Clinicians:

>**Josh Terrell**-NCAA National Champion at University of Dubuque, 4x NCAA All-American

>**Guy Patron Jr.**- 3x NCAA All-American at Loras College, NCAA Runner-up

>**Eddie Smith**- NCAA All-American at Loras College, 3x WI HS State Placer

>**Brennan Swafford**-NAIA All-American at Graceland University, 2x IA HS State Finalist

Name _____ Grade ('19-20) _____

Parent's Names _____

Address _____ Emergency Phone _____

Email _____

T-shirt Size (circle one) YS YM YL AS AM AL XL XXL

In case of emergency, I hereby authorize the staff of the Muscatine Wrestling Camp to act for me according to their best judgment. I release the camp of any liability for any injuries incurred at the camp. I have no knowledge of physical impairment that would affect my child's participation in the camp program.

Parent or Guardian Signature _____

Please make checks payable to: **Muscatine Wrestling Club**

Send registration & checks to: **Muscatine High School; Attn: Coach Joe Kane
2705 Cedar St. Muscatine, IA. 52761**

Walk-in registrations welcome: 7:30-8:00 AM on Aug 1

All funds go towards Muscatine Wrestling

Please contact Coach Kane with questions: Joseph.kane@mcsdonline.org