

COMMUNICABLE DISEASE CHART

CONCISE DESCRIPTIONS AND RECOMMENDATIONS FOR EXCLUSION OF CASES FROM SCHOOL

Disease *Immunization Available	Usual Interval Between Exposure & First Symptoms	Main Symptoms	Minimum Exclusion from School
Chickenpox	13-17 days	Mild symptoms and fever. Pocks are "blistery." Develop scabs, most on covered parts of body.	7 days from onset of pocks or until pocks become dry.
Conjunctivitis (Pink Eye)	24-72 hours	Tearing, redness and puffy lids, eye discharge.	Until treatment begins or physician approves readmission.
Erythema Infectiosum (5th Disease)	4-20 days	Usual age 5-14 yrs. Unusual in adults. Brief prodrome of low-grade fever followed by Erythema (slapped cheek) appearance on cheeks, lace-like rash on extremities lasting a few days to 3 weeks. Rash seems to recur.	After diagnosis, no exclusion from school.
German Measles* (Rubella)	14-23 days	Usually mild. Enlarged glands in neck and behind ears. Brief red rash.	7 days from onset of rash. Keep away from pregnant women.
Hemophilus Meningitis	2-4 days	Fever, vomiting, lethargy, stiff neck and back.	Until physician permits return.
Hepatitis A	15-50 days (average 28-30)	Abdominal pain, nausea, usually fever. Skin and eyes may or may not turn yellow.	14 days from onset of clinical disease and at least 7 days from onset of jaundice.
Impetigo	1-3 days	Inflamed sores, with pus.	48 hours after antibiotic therapy started or until physician permits return.
Measles*	10 days to fever, 14 days to rash	Begins with fever, conjunctivitis, runny nose, cough, then blotchy red rash	4 days from onset of rash
Meningococcal Meningitis	2-10 days (commonly 3-4)	Headache, nausea, stiff neck, fever	Until physician permits return
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Available		Main Symptoms	School
Mumps**	12-25 days (commonly 18)	Fever, swelling and tenderness of glands at angle of jaw	9 days after onset of swollen glands or until swelling disappears
Pediculosis (Head/body lice)	7 days for eggs to hatch	Lice and nits (eggs) in hair	Students may be excluded from school 24 hours after adequate treatment to kill lice and nits
Ringworm of the scalp	10-14 days	Scaly patch, usually ring shaped, on scalp	No exclusion from school. Exclude from gymnasium, swimming pools, contact sports
Scabies	2-5 wks. initial exposure; 1-4 days reexposure	Tiny burrows in skin caused by mites	Until 24 hours after treatment
Scarlet Fever Scarlatina Strep Throat	1-3 days	Sudden onset vomiting, sore throat, fever, later fine rash (not on face). Rash usually only with first infection	24 hours after antibiotics started and no fever
Whooping Cough* (Pertussis)	7-10 days	Head cold, slight fever, cough, characteristic whoop after about 2 weeks	5 days after start of antibiotic treatment

Readmission to school:

It is advisable that school authorities require written permission from the health officer, school physician or attending physician before any student is readmitted to class following any disease which requires exclusion, not mere absence, from school.