

May 7, 2022

FOR RACE DETAILS CHECK THE RACE WEBSITE

www.muscatineracefortheschools.org

What: 5K, Muskie Mile, Muskie Challenge (Both Races)

When: Saturday, May 7, 2022

Time: 5K – 8:30 AM, Muskie Mile 8:00 AM

Where: Start / Finish Muscatine High School 2705 Cedar St., Muscatine

Virtual Option: Sign up to run/walk the 5K or Muskie Mile on your own

any time **Between April 23 and May 7, 2022.**

Drawing for Prizes: Attend the in-person race **or** send a picture (by May 6) of yourself running your virtual race racefortheschools@mcsdonline.org.

Your name may be drawn for one of the prizes.



ALL REGISTERED participants will receive a race shirt and bib number

Proceeds benefit: MCSD Physical Education and Wellness Programs.

Adult Fees: Muskie Mile - \$10, 5K - \$22, Muskie Challenge \$25

Student Fees: Muskie Mile - \$8, 5K - \$10, Muskie Challenge - \$13

Fees are Non-Refundable Races held rain or shine.

Scholarships Available for Muscatine School Students:

Contact Daphne at 563-263-7223 or racefortheschools@mcsdonline.org

Packet Pick Up: Fri., May 6th 4:00-6:00 p.m. MCSD - 2900 Mulberry Ave. - Sat, May 7th MHS 2705 Cedar St. 6:30 – 7:30 AM

Muskie Mile Awards to: Top Male/Female Student Finishers & Top 3 Male/Female (students): AGES: 5 & under, 6-10, 11-14, 15-19

5K Awards - Overall: Top Male/Female Finishers & **Top 3 Male/Female:** AGES: 5 & under, 6-10, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+ - - **Virtual Runners** are not eligible for overall or age-group awards

MUSKIE CHALLENGE – SPECIAL Muskie Challenge Finisher's medal to all who complete **both** the Muskie Mile and the 5K (**Adults are welcome to participate in the Muskie Challenge**)

MCSD School Challenge: Awards MCSD School with the greatest participation!

CHIP TIMING

Return Printed forms: Muscatine Race for the Schools, 2900 Mulberry Ave. Muscatine, Iowa 52761 – Make Checks to: MCSD

PLEASE PRINT: Name _____ Gender (M/F) _____ Grade _____

Age (as of 5/7/2022) _____ Phone _____ Email _____

I am registering for the: 5K Muskie Mile Muskie Challenge (both races)

Virtual 5K Virtual Muskie Mile Virtual Muskie Challenge (both races)

To Guarantee Shirt Size – Please Register by April 5.

Adult Unisex _____ Youth _____ **Circle Shirt Size:** YS YM YL AS AM AL AXL A2X (\$3 extra)

MCSD School Challenge (includes students, parents, staff) List your school: _____.

Amount Enclosed: _____

I know that participating in a road race is potentially hazardous activity. I should not enter and compete unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event included, but not limited to, falls, contact with other participants, the effect of weather, traffic, road conditions, all such risks being known and appreciated by me. **I understand that I will be completing the race on my own. Students should run with an adult. Submitted photos of participants & results (name and finish time) will be published on the race website.** Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Muscatine Schools, the city of Muscatine and all participating sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature _____ **Date** _____

(Parent or Guardian must sign for participant under the age of 18)