

The Tiger Times

February 2015

Upcoming Events

February 6th – Read with the One You Love @ 12:45

February 6th – Colorado Talent Show

February 11th – PTO @ 6:30pm

February 13th – Valentines Day parties

February 16th – No School – President's Day

February 26th – Spring Pictures



Dynamic Leaders Embracing the Future.

From the Principal's Desk

It has been a very busy start to the second half of the school year and it feels like January flew by. The students at Colorado just finished their winter testing session, and they did a tremendous job. Every grade level showed great growth, and I am very proud of the effort that they put forth.

The new year has brought a couple of staffing changes to Colorado. Mrs. Ortiz, our school nurse, will now be at Colorado on Tuesday and Thursday, as Mrs. Kundel will take on other duties in the district. Mrs. Manjoine, our AEA consultant, has moved to the secondary level within the district. Mrs. McNall will be taking her place. Both will bring great expertise to the building.

I am looking forward to seeing what the rest of the year brings as we move our students towards completing their goals. Thank you for all of your support.

Ryan Castle
Principal

A Note From the Nurse

During the months of January through April, the school nurse will be presenting updated health curriculum to grades 2-5.

Kindergarten classes will view the video “Feeling Good with Good Hygiene”. This video stresses the importance of keeping your body, hair, teeth, and hands clean to help our students to understand what good hygiene steps can help them to avoid becoming ill from the various bacteria that causes illness.

First graders will celebrate National Dental Month in February and will watch a video teaching good oral hygiene.

Second graders will view the video, “Happy, Healthy, Drug-free Me”. This video talks about behaviors and feelings that promote good self-esteem as well as the health consequences of alcohol and tobacco.

“My Plate” will be presented to the third graders. This talk/presentation teaches students about the My Plate theory and the importance of proper nutrition and portion control and also stresses the need for exercise and decreased “screen time” using the 5-2-1-0 method. School Nurses want students to get excited about exercising and developing healthy habits.

The focus of fourth grade is “Blood Borne Pathogens and Other Traveling Germs”. This video reinforces good hand washing habits and teaches safety in situations where blood may be involved. (ie. sports or playground injuries, nosebleeds, etc.)

Fifth graders will view a brief video entitled, “Immune System: Doing Its Part”. Information will be provided to students about how our body fights off viruses and disease, and what causes allergies.

Any parent/guardian desiring more information on the content of any health teaching may contact the school nurse.

Mrs. Ortiz

