

MHS CHEER: NEW THIS YEAR!!

We have revamped our MHS Cheer program! Our goal is to have teams with consistent talent. Be prepared to see smaller teams with stronger skills. More cuts will be made, and rules and expectations will be enforced.

TRYOUTS:

- Tryouts will have two parts. Participants will complete a skills portion as well as an interview portion.
- Judging will be much stricter this year. Team placement will be based on skill, potential for skill development, and overall tryout scores. Attendance and skill expectations from previous years will be considered.

CAPTAINS:

- Athletes must apply for the role at the beginning of the season. Captain stars will not be handed out based on seniority, but on overall performance and leadership skills.

EXPECTATIONS & CONTRACT:

- Athletes will need to be prepared to sign an “expectations” contract that includes abstaining from underage drinking, underage vaping, illegal drug use, and any other substance considered illicit while representing MHS Cheer. A breach of this contract will result in immediate removal from the team.
- Athletes will be expected to be mindful of personal appearance and on social media (for example, evidence of inappropriate behavior, no middle fingers, no cuss words, no illicit photos or responses).
- Additional tumbling classes and open gyms are strongly encouraged for development. Schedules and opportunities will be given after teams are formed.

GRADES:

- All athletes must be passing classes at ALL TIMES. Anytime an athlete has lower than a C, the athlete will be benched. Grade checks will be done twice a month.

ABSENCES:

- Athletes are expected to be at all scheduled practices, events and games. Unavoidable absences require early communication. Sickness will require a parent or doctor’s note, and 48-hour notice will be required for absence due to prescheduled events (i.e., vacation, wedding, etc.).
- Athletes will be allowed 2 unexcused absences during the **school year (Nov-Feb, during which time practices will be held once weekly and games once weekly)**. After 2, athletes will be removed from the squad.
- Unexcused absences and non-communication will not be tolerated for practices or games during the cheer season.